

November 26, 2008

To all KCC Clients:

Given the economic crisis which impacts all of us, Kelly Counseling & Consulting, LLC has decided *not* to increase fees for therapy in 2009. We are very appreciative of the confidence you have placed in Kelly Counseling & Consulting, LLC. This is perhaps a good time to remind everyone that we strive to provide excellent mental health services and to meet the needs of our clients in every way possible. We wish to make every effort to provide our clients with affordable services. Therefore, beginning in the New Year we will be expanding our services.

During 2009 we will begin offering Group Therapy on several different topics. A group for Parents of Special Needs Children and a Grief and Loss Group are scheduled to begin in late January. Other groups focusing on the needs of people who have recently ended a relationship, a therapy group for teenagers, and a group focusing on anger management are also being planned for the spring.

Group Therapy is an effective and affordable approach to meeting mental health needs. It is especially useful for:

- Individuals who wish to address a specific topic
- Clients who would benefit from the interaction and feedback of peers
- Individuals who are winding down their therapy but wish some additional support
- New or current clients who wish to begin or continue treatment but may be facing budget constraints

Please continue to visit our Website at www.kellycounselingandconsulting.com for updated information on groups. Brochures describing Group Therapy offerings will also be available through your therapist or KCC staff member and will be available in the waiting room.

Sincerely,

Patricia M. Kelly, Ph.D.
President